



RULES AND REGULATIONS

THE FIELD SPORTS COMPLEX will follow the official Indoor Soccer Rules of the United States Federation unless house rules state otherwise.

HOUSE RULES

Section 1.- MISCELLANEOUS

A.- All protests must be received within 24 hours after the game in question. Protests must be accompanied by a \$25.00 protest fee. The fee is forfeited if the protest is lost. Referees must be notified of protest at the time of the incident. Failure to do so will disqualify any protest.

B.- No cancellations will be permitted. All teams must play on the scheduled nights. All conflicts must be in by the cut off date for applications and deposits. If you were not aware of the conflict you must call the opposing team and make arrangements to reschedule. The opposing coach must call The Field Sports Complex LLC management for final approval. Management will then reschedule when time is available. You must take the time available or you will forfeit that game. The club reserves the right to reschedule games due to driving conditions and other weather conditions.

C.- Up to two (2) players may be borrowed from another team only to have enough players for the current game. If team has at least 2 subs in bench from their own team, they will not be allowed to borrow any player from another team.

D.- If The Field Sports Complex forms a house team the cost will be individually charged. Fees TBD. One parent from the player sign up is encouraged to coach that team.

E.- Any balls hitting the netting above the goal or glass will be considered out of play.

F.- The Field Sports Complex LLC cannot insure individuals against injury. Each player is urged to carry individual accident and medical insurance.

G.- Indoor shoes and soccer cleats may be worn on the field. NO STEEL NOR METAL CLEATS.

H.- There will be no refunds on league fees due to a team not showing. If a team pulls out, the schedule will be redone. No refunds will be given to a team that pulls out.

I.- We will deal directly with the TEAM MANAGERS ONLY on team or league matters. (Managers please pass this on to your players and parents).

J.- Any player or coach in the judgement of the referee, entering the field of play or on the bench that is drunk or impaired by any other substance, will be asked to leave the playing area. If the player does not do this, his team will forfeit the game.

K.- A new team entering the league or an existing team that brings in new uniforms colors that a existing team already has must wear pennies for the game that they oppose that team.

L.- All league fees are due before the 3rd scheduled game. If you have a problem you must call management. If all fees are not paid prior to the 3rd game, that team will not be allowed to play and forfeit each game until fees are paid.

M.- Age groups for leagues at The Field Sports Complex LLC will be calculated by calendar birth years:

Season	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025
Birth Year									
2020									
2019									U6
2018								U6	U7
2017							U6	U7	U8
2016						U6	U7	U8	U9
2015					U6	U7	U8	U9	U10
2014				U6	U7	U8	U9	U10	U11
2013			U6	U7	U8	U9	U10	U11	U12
2012		U6	U7	U8	U9	U10	U11	U12	U13
2011	U6	U7	U8	U9	U10	U11	U12	U13	U14
2010	U7	U8	U9	U10	U11	U12	U13	U14	U15
2009	U8	U9	U10	U11	U12	U13	U14	U15	U16
2008	U9	U10	U11	U12	U13	U14	U15	U16	U17
2007	U10	U11	U12	U13	U14	U15	U16	U17	U18
2006	U11	U12	U13	U14	U15	U16	U17	U18	U19
2005	U12	U13	U14	U15	U16	U17	U18	U19	
2004	U13	U14	U15	U16	U17	U18	U19		
2003	U14	U15	U16	U17	U18	U19			
2002	U15	U16	U17	U18	U19				
2001	U16	U17	U18	U19					
2000	U17	U18	U19						
1999	U18	U19							

Senior teams: you must be turning the age of the bracket in which you wish to play in that session.

Co-Ed League:

All rules of indoor soccer will be in effect as published with the following additions:

- 1.- Team composition: 7 players including goalie - 3 male maximum, 3 female minimum.
- 2.- No charging or contact with female players - 2 minute penalty - Second Violation is yellow card and 2 minute penalty - Third violation is red card and ejection from the game.
- 3.- Ball is live in offensive half with female touch.

4.- On penalty kicks, if female goalie, female player must take penalty shot; if male goalie either male or female player may take the penalty shot. If for some reason the penalty kick has to be retaken, the same player must shoot that penalty kick:

Additional rules:

1.- In any situation where either team has clear possession of the ball when play was stopped, the team with possession shall retain possession on the resulting restart.

2.- Goal keeping restrictions:

A.- 5-Second Distribution: A goalkeeper, with possession of the ball within the penalty area, must distribute the ball outside of the penalty area or to another player within five seconds of having received the ball within the penalty area. Possession shall be defined as control with ball in hand.

Section 2.- TEAMS, PLAYERS AND SUBSTITUTIONS.

- A. A team may dress and use only eighteen players per game. Rosters must be on file in the office prior to the team's first game. A team not turning in a roster will forfeit each game until they do so. Any additions must be made prior to the second game. Parents must sign if you are under the age of 18.
- B. The team manager is responsible for the conduct of his/her team and parents.
- C. No team shall be allowed to start play with less than four players.
- D. Substitutions will be made on the fly, and may occur on an unlimited basis provided the players leaving the field and arrive at the bench before a replacement enters the field. Substitutions are at team's own risk at any time. A team having too many players on the field at one time will result in a two minute penalty. Players must enter and leave the field from the bench area.
- E. Goalkeepers may be replaced by field players at any time and such substitution will not be allowed goalkeeper privileges. If a goal keeper is replaced by another goalkeeper, the referee must be properly informed, and the change made during a stoppage in play, and the goalkeeper must be properly uniformed.
- F. All players under sixteen must be able to present their birth certificates as a proof of age, upon request. Players sixteen and older must be able to show proof of age, such as a valid driver's license, etc.
- G. A limit of two people other than players are allowed on the bench at one time. Coaches for 16 years and up must be 21 years of age.

H. Amount of players allowed on the field are as follows:

8 and under Boys and Girls	7 plus a goalie.
9 thru 10 Boys and Girls	7 plus a goalie.
11 thru 12 Boys and Girls	6 plus a goalie.
13 thru 14 Boys and Girls	6 plus a goalie.
High School Boys and Girls	5 plus a goalie.
COED 18+	6 plus a goalie.
WOMEN 25+	6 plus a goalie.
MEN 35+	5 plus a goalie.

One coach is allowed on the field for 8 and under teams.

There must be 2 adult coaches on the bench at all times. The adults must be able to control all players during the time they are in the facility (before and after the game).

Section 3.- THE GAME (PROCEDURES)

A.- The home teams shall kick off.

B.- A dead ball --- The ball will be placed on the center of the offenders yellow dot with a free indirect kick. A live ball intentional ceiling kick, in the discretion of the referee, will be a two minute penalty to be served by the offender and play will start from the offenders center of the yellow line with a free indirect kick. An unintentional ceiling kick, the ball will be placed at the closest yellow dot from where it was kicked from.

C.- A goalkeeper must release the ball within 5 seconds.

Section 4.- FOULS AND MISCONDUCT

A.- A red carded player must sit out one full game the first time he is ejected. If you are red carded from the last game of a session, after the 1st quarter you must sit out first game of new session. If attempts to play in the next game, his team will forfeit. If upon returning to league play he is ejected from another game then he is no longer able to compete in that league.

Section 5.- DURATION OF GAME.

A.- A regulation game shall consist of four periods of 12 minutes. A one minute rest period will be allowed between periods. 8 and under teams have four periods of 10 minutes.

B.- The clock will be stopped only for serious injuries.

Section 6.- POINTS.

A.- Three points will be awarded to the winning team at the end of a game. The losing team will receive no points.

B.- In case of a tie each team will receive one point.

Section 7.- FORFEITED GAMES.

A.- A forfeit will be called by the referee for the following reasons:

1.- A forfeit will be called if at least four players are not present and ready to play within ten minutes of scheduled start.

2.- If the players on the sidelines enter the field area and join in an altercation on the field, then that team will suffer a forfeit. If both teams have players go onto the field during an altercation, then a double forfeit will be declared.

3.- If all rosters are not completely filled out and turned in to the office before the start of the first game a forfeit will be declared.

4.- All fees are not paid prior to the start of the third game.

B.- All forfeited games result in maximum points to the winner, regardless of the score. Neither team receives points in a double forfeit.